



One day training

Saturday 18 April - 9.15 to 4.30 *

An introduction to Dyadic Developmental Practice: Interventions to build security for children who have experienced developmental trauma

by Kim S. Golding, BSc, MSc, D. Clin. Psy. AFBPsS Consultant Clinical Psychologist
and certified DDP therapist, consultant and trainer

Dyadic Developmental Psychotherapy (DDP) has been developed by Dan Hughes over the past twenty years as a model of therapy for developmentally traumatized children and their families based on a theoretical understanding of attachment and intersubjective relationships. More recently Dyadic Developmental Practice has been recognized as providing a framework which extends beyond the therapy to also provide network, school and parenting support.

Within this seminar the theoretical basis for DDP will be explored and the principles of DDP as both a therapeutic and a parenting approach will be introduced.

* 9.15 tea/coffee - 9.30 start - 6 hours cpd.

Biography

Kim Golding is a Clinical Psychologist now working independently following a long career within the NHS. Kim has always been interested in collaborating with parents to develop their parenting skills tailored to the particular needs of the children they are caring for. She was involved in the setting up and evaluation of the Integrated Service for Looked After Children. ISL was a multi-agency, holistic service, jointly provided and managed by Health and Children's Services. The service provided support for foster, adoptive and residential parents, schools and the range of professionals around the children growing up in care or in adoptive families.

Kim has been fortunate in this work to have been trained and mentored by Dan Hughes in the use of DDP. Kim, alongside a small group of colleagues, is actively developing DDP within the UK.

Kim is author of *Nurturing Attachments: Supporting Children who are Fostered and Adopted*, co-author with Dan Hughes of *Creating Loving Attachments: Parenting with Pace* and lead author of two observational checklists designed for use in educational settings, *Observing Children with Attachment Difficulties in Preschool Settings* (for children aged 0-4) and *Observing Children with Attachment Difficulties in School* (for children aged 5-11). She has additionally written a group work programme to use with foster carers and adopters; *The Nurturing Attachments Training Resource*. Her latest book 'Using Stories to Build Bridges with Traumatized Children' was published in July 2014. All of these are published by Jessica Kingsley Publishers.

See below for timetable, costs and venue.

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Programme

**What is Dyadic Developmental Practice?
Theoretical principles – Attachment Theory
Theoretical principles – Intersubjectivity**

Break

**Therapeutic Interventions
Therapeutic Parenting
DDP informed Therapeutic Parenting – PACE & mind-
mindedness**

Lunch

**Parenting with PACE
Exploring PACE
PACE and Behaviour Management**

Break

**Dyadic Developmental Psychotherapy – Clinical Principles
Case example
Reflection on Therapy
Conclusions**

Fee: £80.00 plus vat - £96.00 – which includes refreshments and a light lunch. Please let us know if you have any special dietary requirements.

Venue: Brighthelm Centre, New Road, Brighton, BN1 1YD

Application for tickets:

On line - see our web site – www.emotionaldevelopment.co.uk

Or contact - The Administrator, CfED, 18a Clermont Road, Brighton, BN1 6SJ

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Payment by cheque and credit card - Cheques should be made payable to *CfED***

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