



## DDP Consultant Rating Scale

### For use during the DDP Consultant Practicum

**Name:**

**Date:**

**Section One: Good understanding of DDP principles**

A good level of skill is demonstrated during review of two of the consultant's DDP sessions. This includes a session with parent(s) only and a session with parent(s) and child. **Yes/No**

**Comments:**

**Section Two: Modelling and developing understanding of DDP principles**

	Not at all	Starting to develop	Some skill	Good level of skill	Not seen
Able to model DDP principles in their relationship with the trainee practitioner					
Understanding of how to help a trainee practitioner build on beginning skills and develop their use of the core DDP principles					
Able to communicate the DDP principles to the trainee practitioner					
Able to sensitively communicate when a trainee practitioner is relying on previously learnt therapy skills at the expense of using DDP principles (eg falling back on CBT, play therapy, counselling skills etc)					
Able to sensitively communicate when a trainee practitioner is becoming defensive with any family member or within the ongoing relationship with the consultant.					

### Section Three: Working with parent(s) and child

Able to sensitively communicate to a trainee practitioner working with parent(s) and child when the trainee may struggle with:	Not at all	Starting to develop	Some	Good level of skill	Not seen
Not developing an intersubjective connection sufficiently					
Moving too fast and staying with things at a superficial level. (i.e., being content with events and facts, rather than exploring the underlying experiences and meanings)					
Being too cognitive and not deepening the affective experience sufficiently					
Following without also leading or leading without also following					
Moving in to problem solving too early before emotional connections are established					
Moving in to reassurance					
Not providing sufficient help to a parent who is offering reassurance to their child or their partner					
Not providing sufficient help to a parent who is problem solving					
Not providing sufficient help to a parent who is becoming defensive					

### Section Four: Working with parents

Able to sensitively communicate to a trainee practitioner working with parent(s) when the trainee may struggle with:	Not at all	Starting to develop	Some	Good level of skill	Not seen
Not developing an intersubjective connection sufficiently					
Moving too fast and staying with things at a superficial level. (i.e., being content with events and facts, rather than exploring the underlying experiences and meanings)					
Being too cognitive and not deepening the affective experience sufficiently					
Following without also leading or leading without also following					
Moving in to problem solving too early before emotional connections are established					
Not providing sufficient help to a parent who is becoming defensive					
Moving in to reassurance					
Avoiding discussion about attachment history and previous relationship experience as well as other current family relationships and challenges					

### Section Five: Understanding of working with a trainee practitioner through the process

	Not at all	Starting to develop	Some skill	Good level of skill	Not seen
Demonstrates the ability to understand the need for, and the skills to offer, flexibility regarding the range of ways a trainee practitioner might be certified.					
Identifying when trainee practitioner is ready to start the practicum					
Identifying when trainee practitioner is ready to have a mid-point session reviewed by a second consultant					
Identifying when trainee practitioner is ready to have an end-point session reviewed by a second consultant					
Identifying when a trainee practitioner is ready to be recommended for certification					
Able to write reviews reflecting sections 3 & 4					

### Overview

	Not at all	Starting to develop	Some skill	Good level of skill	Not seen
Generally demonstrates understanding of supporting a trainee practitioner in developing skill in DDP interventions					

# DDP Rating Scale

## For use during consultant practicum

### Comments

(Include here advice for further development of consultant skills)

### Recommendation

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Name of applicant:

Name of primary consultant:

Name of second consultant

Completed by:

Date: