

10th-11th
November
2014

DDP UK
INTERNATIONAL
RESIDENTIAL
CONFERENCE
BIRMINGHAM

DYADIC DEVELOPMENTAL PRACTICE IN RESIDENTIAL SETTINGS

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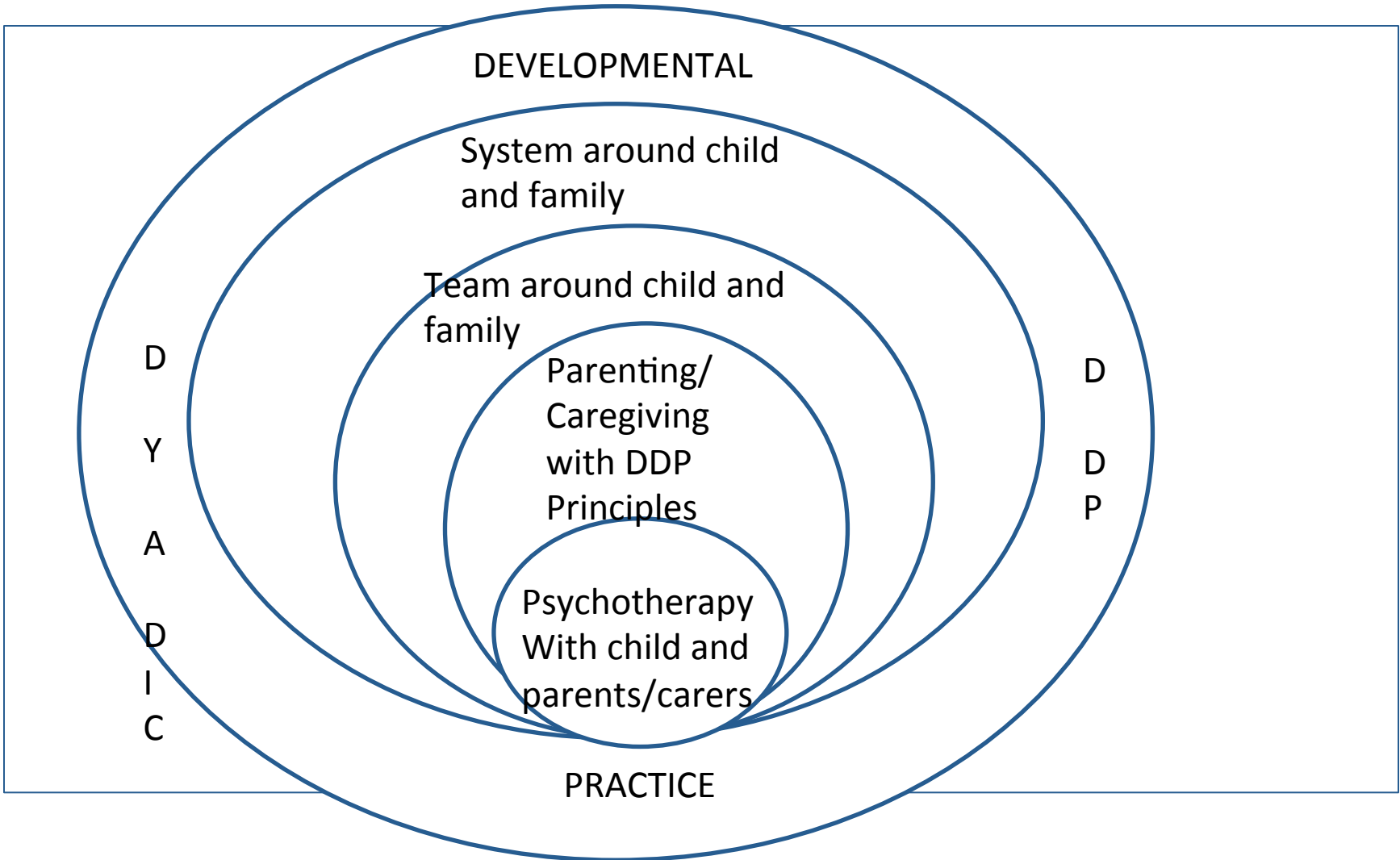
Zachari Duncalf – www.zachariduncalf.co.uk

(recording available for download on her website)

P (42!)

'YOU WERE MY MUM – YOU STILL ARE'

*'EVERYTIME YOU WALKED OFF SHIFT TO GO
HOME I WATCHED YOU GO AND I
WONDERED IF YOU WOULD COME BACK.
EVEN THOUGH YOU SAID YOU WOULD I
COULD NEVER REALLY BELIEVE YOU'*



DEVELOPMENTAL

System around child
and family

Team around child and
family

Parenting/
Caregiving
with DDP
Principles

Psychotherapy
With child and
parents/carers

PRACTICE

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Vision



10 years of giving children back their childhood

Crossreach Child Services vision is;

Support children and young people (families and carers) through the *INTENTIONAL BUILDING OF POSITIVE AND GENUINE RELATIONSHIPS* with adults and peers in a physically, emotionally, socially and psychologically safe environment.

CROSS REACH
providing a caring future

Our Values



'Include me in'...

CROSSREACH
CHILDREN'S SERVICES

2001 - 2011

10 years of giving children back their childhood

- We are all unique
- Our behaviour, thinking and feeling are understandable and explainable
- We want to be included
- We are doing the best we can
- We need opportunities to discover who and how we want to be
- We have strengths and resiliencies
- We can develop new and different ways of being



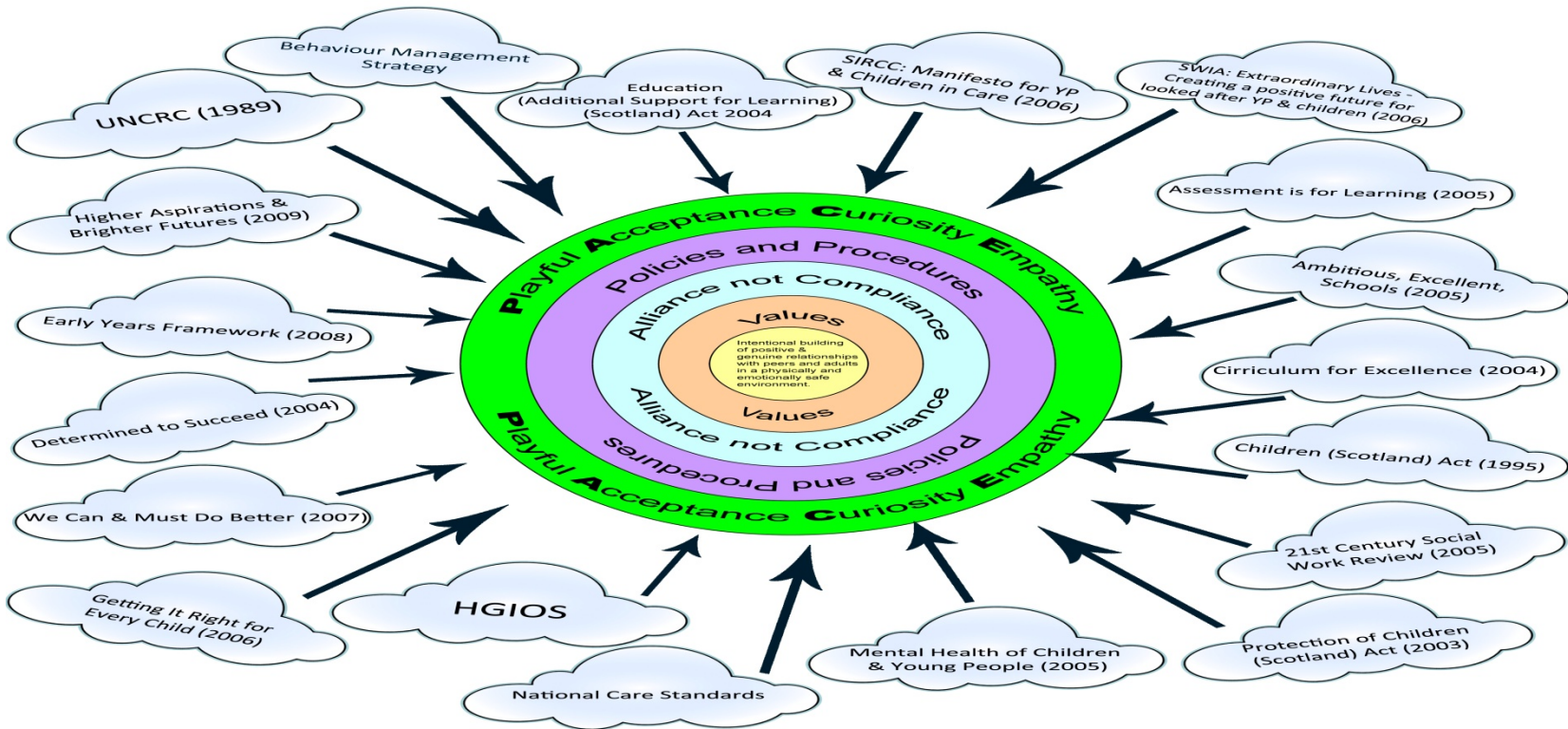
'Include me in'...

CROSSREACH
CHILDREN'S SERVICES

2001-2011

10 years of giving children back their childhood

Alliance not Compliance



The Dangers and Distortions of Attachment Theory into Practice!

Zachari Duncalf's (careleaver) view via recording

Tectonic plates jar when:

- Policies , procedures and working practices such as shifts and staff sickness mean kids re-experience neglect and abandonment on a regular basis – **POLICIES ETC SHOULD BE LED BY RELATIONAL WORK, NOT THE OTHER WAY AROUND.**
- We assume we professionals know best **LISTEN TO AND INVOLVE THE CHILDREN AND CARELEAVERS**
- Attachment and professional come together - **REDEFINE PROFESSIONAL**
- The boundaries between private, personal and professional are not explored – **WORKERS HAVE TO BE ABLE TO APPROPRIATELY SHARE THEIR PERSONAL SELVES**
- Attachment of the children to each other and place are given no thought - **PLAN FOR THIS**
- Staff's needs and motivations are 'ignored' – **RECRUIT STAFF WITH CAPACITY FOR CURIOSITY ABOUT SELF AND SUPPORT THEM WELL WITH STEWARDSHIP AND PACE**
- 'Keyworkers' are not matched to 'keykids' - **MATCH THEM**

COURAGEOUS CONVERSATIONS

The challenge of numerous parenting figures/
histories working together with PACE, lovingly,
with boundaries, with transparency and
without collusion!

DDP PRINCIPLES IN BUILDING MANAGER'S AND STAFF'S CAPACITY FOR ATTACHMENT-FOCUSED

THE S's TO INCREASE RELATIONSHIPS

- STABLE ADULT MODELLING** – Good, positive role modelling between staff
- STEWARDSHIP** – Management values and practices that facilitate an attitude of PACE, ownership of the philosophy, belonging, appropriate autonomy and accountability
- SAFETY** - Physical and emotional, the adults are enabling a positive and playful emotional atmosphere
- STRUCTURE** - Regular team meetings with the focus on reflective practice and education/understanding; clear tasks, roles and responsibilities
- SUPERVISION** - Regular, formal and mentoring, supportive and accountable
- SPECIAL** – Individual's uniqueness, gifts and talents are recognised
- SUCCESS** - Specific positive feedback to staff
- SMILING** - A positive attitude, optimistic perseverance
- SEEKING MEANING** – Curiosity about self and others
- SENSE OF HUMOUR** – Of course!
- STORY TELLING** - A way of communicating without lecturing
- SORRY** - Adults need to acknowledge mistakes
- SLEEP** - Easily lost, crucial to develop and maintain
- SUPPORT** – For self, personal and professional

THE S's TO DECREASE

SHAME - Inhibits learning

SHOUTING - Negative attitude

SHOULD - Expecting staff to do things they are unable to do

SARCASM - often a sneaky substitute for shouting

SECRETIVENESS – speaking about others behind their backs

THE PROMISE

*'I WILL DISCOVER THE SONG
THAT IS IN YOUR HEART
AND SING IT TO YOU
WHEN YOU FORGET IT'*