

DDP UK INTERNATIONAL RESIDENTIAL CONFERENCE BIRMINGHAM



Day One

DDP Practitioners

Developing DDP practice within the UK



Day Two

Dan Hughes and Jon Baylin

From Mistrust to Trust: A Brain-Based Relational Model for Helping Defensive Children Learn to Trust



DDP UK INTERNATIONAL RESIDENTIAL CONFERENCE BIRMINGHAM

10th-11th
November
2014

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Day One

- 9:00 am **Registration**
- 9:45am **Welcome** - Julie Hudson and Dan Hughes
- 10:00am **Working with highly avoidant children** - Joy Gamble
- 10:45am **DDP: An Adopter's Perspective** - Jan Ross*
- 11:30am *Coffee*
- 11:50am **Integrating DDP and Theraplay®** - Vivien Norris
- 12:50pm *Lunch*
- 1:50pm **Alliance not Compliance: DDP in residential settings** - Edwina Grant
- 2:45pm **DDP in a Fostering Agency** - Amicus Foster Care Agency
- 3:30pm *Coffee*
- 4:00pm **Using Stories to Build Bridges with Traumatized Children** - Kim Golding
- 4:30pm **Closing Summary** - Julie Hudson and Dan Hughes
- 5:00pm **Close**

Day Two

Dan Hughes Ph.D and Jon Baylin Ph.D

From Mistrust to Trust: A Brain-Based Relational Model for Helping Defensive Children Learn to Trust

Topics to include:

- **Blocked trust**
Suppressing social pain and social reward systems in the service of self defense
- **Parent work**
Helping caregivers strengthen their capacity for peaceful, mindful, compassionate parenting
- **Perpetuating the cycle of mistrust**
When the child's blocked trust induces blocked care in the caregiver
- **Stages of change in dyadic developmental psychotherapy**
From blind mistrust, to conflicted trust, to resolution of ambivalence, to changing core beliefs about self, other, world
- **Restoring the child's capacity to trust**
Sadness induction and playfulness as core elements in reawakening the child's capacity to experience both comfort and joy of bonded relationships
- **Expanding the model**
Integrating other brain-based processes with the core ddp model to make the process of change more powerful
- **Pacing the child's journey from mistrust to trust**
Why pace is a formula for helping a child recover from blocked trust

**Name changed for confidentiality*