

## SPEAKER PROFILE

# Dan Hughes

Ph. D, Certified DDP Practitioner, Consultant, Trainer and  
Founder of DDP



Dan Hughes created Dyadic Developmental Psychotherapy (DDP) as a treatment for families with adopted or fostered children who had experienced neglect and abuse in their birth families and suffered from significant developmental trauma.

He is a clinical psychologist who resides in Lebanon, PA, with an office in nearby Annville. After receiving his Ph.D. in Clinical Psychology from Ohio University Dan fairly quickly began specialising in the treatment of children and youth who had experienced abuse and neglect and for the most part now manifested serious psychological problems secondary to childhood trauma and attachment disorganisation.

Not having much success helping these children with traditional treatments, he developed an attachment-focused treatment that relied heavily on the theories and research of attachment and intersubjectivity to guide his model of treatment and parenting.

Dan resided for 30 years in Maine until moving to Lebanon. He is the author of many books including *Building the Bonds of Attachment, 2nd edition (2006)*, and *Attachment-Focused Family Therapy Workbook (2011)*. He has provided training and consultations to therapists, social workers and parents throughout the US, Canada, UK and Australia and provides regular training at Colby College in Maine, Annville, PA, and London, UK. He also is a visiting tutor for a graduate program in London.

Together with Jon Baylin, he has co-authored *Brain Based Parenting, Norton (2012)* and *Comfort and Joy: Reawakening the child's capacity to need care and enjoy relationships in attachment focused treatment, Norton, due for publication in Autumn, 2015*

### CONTACT DETAILS

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### DAY ONE

Co-hosting the day with Julie Hudson

### DAY TWO

From Mistrust to Trust

**A Brain-Based Relational Model for  
Helping Defensive Children Learn to Trust**

Co-presenting the day with Jonathan Baylin