

## SPEAKER PROFILE

# Dr Vivien Norris

DCLinPsy, DipMusicTh, Certified DDP Practitioner



Dr Vivien Norris is a Chartered Clinical Psychologist and Music Therapist. She is also a Certified Theraplay® Therapist and Theraplay® Trainer and accredited in Dyadic Developmental Psychotherapy.

Vivien has been working as a Clinical Psychologist within the NHS in the UK for over twenty years specialising in therapeutic work with families and in the area of fostering and adoption. She has a longstanding interest in trauma and has worked in various roles in the field, in therapeutic communities with adolescents and leading national research into the impact of the Asian tsunami.

Alongside part time NHS work, Vivien is Clinical Director of The Family Place, an independent organisation providing flexible therapeutic interventions for families. Her main area of interest is in children with severe difficulties in forming relationships, arising from histories of abuse, neglect and trauma. Her clinical approach centrally includes foster carers and adopters in interventions and combines approaches to address complex difficulties. Vivien has many years experience delivering training. She has contributed to publications in the area of self-harm and the impact of trauma.

### CONTACT DETAILS

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## SESSION TOPIC

### Integrating DDP and Theraplay®

DDP and theraplay are complementary approaches and can often be used effectively in combination. In this presentation Vivien will discuss various ways in which DDP and Theraplay® can be integrated and will give examples of work with different clients.