

SPEAKER PROFILE

Edwina Grant

CPsychol, Dipl. Person-Centred Counselling, Certified DDP Practitioner,
Consultant and Trainer



Edwina has been working with children and families for over 30 years in a range of settings from residential work to relational therapy.

Her DDP journey started in 2003 when she undertook Level 1 training with Dan in London and became passionate both about introducing Dyadic Developmental Psychotherapy to Scotland and also about becoming a certified DDP Practitioner. She certified as a DDP trainer earlier this year. Edwina is a member of the DDPI Board.

As well as her DDP therapy, consultancy and training work, Edwina co-trains Level 1 and Level 2 courses with Dan in Scotland and organises DDP study days. She is a founder member of Scottish Attachment in Action - a multi-professional and parent/carer group committed to promoting better experiences of attachment in the Scottish population. Edwina has contributed to several published articles on attachment, trauma and developmental re-parenting, most recently she and DDP Colleagues (Geraldine Casswell, Kim Golding, Julie Hudson and Pam Tower) published '*Dyadic Developmental Practice (DDP): A framework for Therapeutic intervention and Parenting*' in the Child and Family Psychology Review.

In her leisure time Edwina enjoys horse-riding and red wine although not together!

CONTACT DETAILS

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SESSION TOPIC

Alliance not Compliance

Applying DDP principles and practices to residential settings

Edwina will explore some of the opportunities and difficulties that are specific to developing and maintaining Dyadic Developmental Practice in residential settings.

All parenting/caregiving can be both joyful and challenging! How can multiple caregivers work and care together with an attitude of PACE to build the children and their families capacity for more secure relationships? What organisational culture is needed? How are the children and the worker's support needs met? How can everyone's stress be co-regulated? Do we need to re-examine what being professional means?

These and other questions will be explored in this presentation.