

Commissioning UK Training in Dyadic Developmental Practice (DDP)

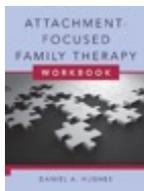
DDP Level One and Two

DDP was originally developed by Dan Hughes as a therapeutic intervention for families who were fostering or had adopted children with significant developmental trauma and insecurity of attachment. It is called Dyadic Developmental Practice both to focus attention on the importance of reciprocity in parenting, caregiving and therapy, and also to draw attention to the fact that abuse, neglect and trauma can seriously impact on the child's developmental age and stage.

Whilst DDP was originally developed as a therapy it has a much broader application as **Dyadic Developmental Practice**. This provides a set of principles that can support networks; inform and enrich parenting; and can support the child outside of the home e.g. in residential settings and at school

This intervention is theoretically based on the models of **attachment theory** and **intersubjectivity**, and is consistent with the needs of children and young people who have experienced **developmental trauma**.

Participants are referred to two books, which underpins this training:



Hughes, D. A. (2011)
**Attachment-Focused Family
Therapy Workbook**, NY: W. W.
Norton & Co



Hughes, D. A.; Golding, K.S. & Hudson, J.
(2018) **Healing relational trauma with
attachment-focused interventions: Dyadic
Developmental Psychotherapy with children
and families**, NY: W. W. Norton & Co

UK Trainers

There are currently 17 trainers in the UK who are certified, or in the process of being certified, to deliver Level One and Two Trainings. One of these trainers is retired (Geraldine Casswell). The list of active trainers is:

[Anna Binnie-Dawson](#)

[Emma Greatbatch](#)

[Vivien Norris](#)

[Sue Drake](#)

[Julie Hudson](#)

[Mikenda Plant](#)

[Jane Foulkes](#)

[Alison Keith](#)

[Cas Schneider](#)

[Joy Gamble](#)

[Sarah Kildea](#)

[Billy Smythe](#)

[Kim Golding](#)

[Philip McAleese](#)

[Vicky Sutton](#)

[Edwina Grant](#)

[Sarah Morse](#)

Covid-19

The pandemic has caused many changes in all of our lives, and the provision of DDP training is no exception.

As you will imagine we have had to cancel a lot of our face-to-face trainings this year, many of which are going to be rescheduled when face-to-face training is easier again. We have also been looking at the possibility of providing the training virtually, and trainers are beginning to provide these trainings online.

The current situation is that there is less training happening, but those that are being delivered are either online, or face-to-face with all the restrictions needed in place to maintain safety, based on full risk assessments.

Our maximum number of delegates has had to be adjusted to account for the additional difficulties that virtual training presents, in order to maintain the training as a highly interactive and participative training. Where training is being delivered virtually the maximum number is now 12 for both level one and level two trainings.

This does increase the cost of the training as the trainer fee (£4,400) and fee to DDP Connects UK (£300 or £500) is the same for each training delivered. There is also a fee to pay towards a co-facilitator to support the trainer and assist with the technology. Trainers are doing their best to keep this latter cost down. This additional cost is negotiated with individual trainers. The increase of the cost of virtual DDP training is offset somewhat because you do not have the cost of venue, refreshments and trainer expenses.

Our trainers are all very busy. We are happy to help you to find a trainer, but you will need to be forward planning for this.

Commissioning DDP Level One and Two Trainings

If you want to commission a DDP level one or two training you will need to find a trainer. Kim Golding currently coordinates requests for (email kimsgolding@btinternet.com). Once it is agreed that it is appropriate for you to proceed she will put you in touch with an available trainer. Every effort will be made to meet your needs but because the trainers get booked up in advance you may need to wait for longer than you were hoping. Advance planning is highly recommended.

The trainer will work with you to find a suitable time for the training and will give you a commissioning form to complete. Once this is returned your booking will be confirmed.

The DDP Trainers in the UK have agreed a fixed fee for Level One and Level Two trainings. In addition, we expect commissioning agencies to pay reasonable expenses to the trainer (not needed for virtual training).

Additionally, it is a requirement of commissioning any DDP training that the agency prints the accompanying training book and certificates. These will be emailed by the trainer beforehand. The training book is 40-50 pages and double-sided printing is recommended. (For virtual trainings these can be distributed electronically.)

To ensure that face-to-face training is successful there are a number of requirements:

- The training needs to take place in a suitable venue. This needs to be well lit, and warm with comfortable chairs. Blinds at the window may be needed to block the sun when showing video.
- The training room needs to be large enough for the group size and there needs to be enough break out rooms for delegates to practice in groups of three, and for self reflection.
- The trainer will require a projector with sound, Screen or good viewing space, Flipchart and pens.
- Refreshments are needed for delegates and trainers. As a minimum, water, access to a hot drink and biscuits need to be available all day. If you are selling places we would expect lunch to also be provided, or the price of places reflecting that this is not available and that healthy and cheap lunch options are available close to the venue.

Details of Trainings and costs

DDP Level One Training

This is a 28-hour training course relevant to professionals and therapists who have experience in communicating with and working therapeutically with children and young people and their families. It is focused on families – foster, adoptive and kinship care - and residential care homes when children have experienced past developmental trauma and have associated attachment difficulties.

It provides the knowledge and practice necessary for attendees to apply DDP principles to their work with developmentally traumatised children and their families. Further information about the content of Level One Training can be found on the [website \(ddpnetwork.org\)](http://ddpnetwork.org).

Courses can run for 4 consecutive days, 2 x 2 days or 1 x 4 days.

Training Fees

All trainers charge the same fee as described in table 1.

TABLE 1	Fee per day, per trainer	Total for 4 days
One trainer	£1,100	£4,400
Two trainers	£900	£7,200

Some trainers also charge VAT

Please note that some trainers prefer to work as sole trainers.

For face-to-face trainings travel and accommodation expenses are an extra and will be negotiated with the individual trainers. This will include a subsistence charge for trainers having to spend time away from home.

For all trainings, virtual and face-to-face, organisations commissioning this training will pay a fee to DDP Connects UK. This fee allows us to run the organisation, including the website which informs about the DDP model and its practice and provides information about training events.

TABLE 2	DDPI Fee
Organisations selling places externally	£500
Businesses run by DDP trainers	£300
Organisations training their own staff <i>(some of whom may sell a few places to subsidise this training as described below)</i>	£300

Maximum group sizes for Level One training (face-to-face trainings)

There is a maximum number of delegates allowed for face-to-face trainings (see table 3). This is the same for all trainers.

If organisations training their own staff wish to sell some places to subsidize this training the maximum number that can be sold is a third of the maximum group size as described in table 3.

TABLE 3	Maximum group size	Places that can be sold
Single trainer	24	8
Two trainers	30	10

If the training is occurring in a country which does not have a certified DDP trainer these numbers can be increased by 3 in recognition of the additional costs of bringing a trainer into the country. These three additional places can be sold to help out with these costs. See table 4.

TABLE 4	Maximum group size	Places that can be sold
Single trainer (travelling to the country)	27	11
Two trainers (travelling to the country)	33	13

DDP Level Two Training

This is a 28-hour training course. It is available to those who have undertaken Level One building on the skills and knowledge developed in the first training. It is for practitioners who want to further develop their DDP skills, sometimes with a view to going on to do the certification practicum. Participants experience consultation on their work in a group context, have an opportunity for case discussion, more in depth training and have some time in small groups of 2-3 to explore their own attachment history.

Courses can run for 4 consecutive days, 2 x 2 days or 1 x 4 days.

Fees

All trainers charge the same fee as described in table 5.

TABLE 5	Fee per day	Total for 4 days
One trainer	£1,100	£4,400
Two trainers	£900	£7,200
<i>Some trainers also charge VAT</i>		

Travel and accommodation expenses are an extra and will be negotiated with the individual trainers. This will include a subsistence charge for trainers having to spend time away from home.

In addition, organisations commissioning this training will pay a fee to DDP Connects UK. This fee allows us to run the organisation, including the website which informs about the DDP model and its practice and provides information about training events.

Fees are the same as for DDP Level One training, please see **TABLE 2**, page 3.

Maximum group sizes for Level Two training (face-to-face trainings)

For face-to-face trainings, there is a maximum number of delegates allowed. This is the same for all trainers (see table 6).

If organisations training their own staff wish to sell some places to subsidize this training the maximum number that can be sold is a third of the maximum group size as described in table 6.

TABLE 6	Maximum group size	Places that can be sold
Level Two, Single trainer	15	5
Level Two, Two trainers	18	6

If the training is occurring in a country which does not have a certified DDP trainer these numbers can be increased by 3 in recognition of the additional costs of bringing a trainer into the country. These three additional places can be sold to help out with these. See table 7.

TABLE 7	Maximum group size	Places that can be sold
Single trainer (travelling to the country)	18	8
Two trainers (travelling to the country)	21	9

Maximum group sizes for virtual training delivered online

The maximum number is 12 for both DDP Level One and Level Two training.

We are currently exploring possibilities for hybrid trainings where only the trainer is virtual or trainings are a combination of face-to-face and virtual. Advice about numbers for these trainings is still being considered. At the moment these are agreed on a case-by-case basis.

ADVERTISING (*Website: ddpnetwork.org/uk/events*)

Some organisations wish to advertise a few external places to subsidize their training. DDP Connects UK are happy to support this by placing news of the event on our website. We must emphasize that we cannot guarantee that the organisation will fill any of their externally advertised places. Therefore, organisations cannot rely on this income to fund their training.

In order to advertise events, it is important that we have full information about:

- Name of organisation
- A logo or image associated with the organisation and a link to the organisation's website is also helpful. You will need to confirm that you are using an image that you have copyright to. If you add images or photos of locations from internet searches, such as google, a third party could own the copyright. This is not always clear from the photo.
- Details of the organisation. It is important that potential purchasers understand the nature of the group that they will be joining for the training. This includes professional background, the nature of the work the practitioners are undertaking and if any parents or carers are being included. This will be added to the website to allow those considering purchasing places to understand the type of group they will be joining.
- How many external places you are advertising. This will be up to 1/3rd of total places as described above, unless you have been invited by DDP Connects UK to provide an external training.
- Contact details for those wishing to get further information or to book a training place.
- Cost of training (including details of any VAT applicable).
- The venue and location of the training.
- Whether lunch and refreshments are included.