

DDPI Conference
Play Workshop
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BRINGING THE SPIRIT OF PLAY INTO THE ROOM

- 1 Pass the clap (around the circle).
- 2 Send the clap across the circle, received by person, make eye contact.
3. The Wind Blows...circle of chairs, remove one chair; person stands in center, "The wind blows for someone who...has a sister" (must be true for you, if true for you, you change chairs) You can't sit back down in the same chair.
4. Ball game: pass ball saying name of person you throw to; make eye contact first.
Ball game: pass ball to person's favorite snack (or anything else you want to try...)
5. Two people improvise, e.g. planning a party. One always responds with "yes, but"...THEN same situation, person responds with "yes, and"
6. PASS THE BEAT AROUND THE ROOM: in a curved line or circle, each person says one beat of the phrase..then next person in line starts it again. THEN drop one word and replace with STAMP. PASS THE BEAT around the room. PASS THE STAMP around the room. PASS THE STAMP AROUND CLAP ROOM. ETC. GROUP CAN MOVE OUT AROUND THE ROOM, AMONG OTHER PEOPLE...
7. Fear and Protect: Choose one person in the group you are afraid of, one who is your protector. Walk around room relaxed, but can't let anyone know Up the stakes, walk faster, more urgent...freeze, see who has chosen who. (Note: people can feel left out if they aren't chosen in this game).
8. Sculpt Game One: In a circle, one person makes an offer, enters the circle and says, "I am a bird." Freeze. Second person builds on it, "I am a nest." Third person, "I am an egg." Then a fourth person enters, chooses ONE of the three already there, "I am a nest", becomes the nest...others leave. Sequence starts again: "I am a nest." "I am a hunter."
7. Sculpt Game Two: Same as above but no words, called Complete The Image. In circle, one person goes in and freezes in a shape, second person comes in and 'completes the image' so both are frozen. Let it hang in the air for a moment, to register it. Then, first person leaves, another enters to join in a new image. And so forth. You can do this with three, always three in centre. Then say, "If this was a workplace, what would be missing? What would be see?" Can also be used to deliberately but without words build the analysis and levels of any situation: my job..my community...my family dynamics....what I want to change...how things got this way?

9. (we didn't do this) People can, one image at a time, build "a family", "a workplace", "a party", etc. Something the group wants to explore.