



One Day workshop: Thursday 20th October 2016 - 9.15 to 4.50 *

**Providing Nurturing, Effective Care and Treatment for
Children and Youth with Problems Due to
Developmental Trauma and Attachment
Disorganization**

Presenter: Dan Hughes

Synopsis

Children and youth who have experienced abuse and neglect are at high risk for significant difficulties in their neurological, affective, cognitive, and behavioral development. The central place of attachment in enabling an individual to resolve conflicts and traumatic experiences, develop affect regulation and reflective functioning, and establish a coherent narrative will be explored in this one day presentation.

Attachment principles stretch from infancy to old age, from safety to exploration of self and other, from affective to reflective functioning, from the process of co-regulating affect to co-creating meanings. A resulting attachment-focused treatment--Dyadic Developmental Psychotherapy (DDP) and attachment-focused care is experiential and reflective and involves establishing attuned states between the young person and the therapist and caregiver in order to safely explore past traumas and current behaviors involving both fear and shame. The treatment involves assisting the young person to develop a coherent story involving both past abusive experiences and current experiences in a safe family. This story-telling stance is characterized by playfulness, acceptance, curiosity, and empathy (PACE). Strengths and vulnerabilities, reciprocity and conflict are all understood and accepted. Dialogues emerge that fully accept the subjective experience of each participant in the conversation. Such dialogues become templates for satisfying and productive dialogues in all areas of life.

Principles and strategies of both psychological treatment and daily care which utilize our understanding of both attachment and trauma will be presented and discussed. This model of intervention will be demonstrated with videos of treatment sessions.

*9.15 Registration, tea and coffee for a 9.30 start
7 hours continuing professional development (CPD)

Who should attend?

This workshop is open to parents, foster carers, adoptive parents and professionals from all disciplines interested in enhancing their knowledge and developing their understanding of working with children traumatic backgrounds and attachment difficulties.

For further details about other events please see our website:

www.emotionaldevelopment.co.uk

Company No 5634018 Vat no 910 3430 75 Reg: address 5th Floor Intergen House, 65/67 Western Road, Hove, BN3 2JQ



OUTLINE

First: (1 ½ hour) 9.30 to 11.00

Secure and Insecure Attachment
Multiple Symptoms of Trauma and Disorganized Attachment
Attachment Security, Intersubjectivity, and their developmental effects

Break 11.00 to 11.20

Second: (1 ½ hour) 11.20 to 12.50

Principles of Dyadic Developmental Psychotherapy (DDP) for Young People and their Caregivers
Intersubjective Presence: attunement, joint attention and intentions.
Being Open and Engaged rather than Defensive
PACE: Playfulness, acceptance, curiosity, and empathy.
Shame vs. Guilt
Video of Treatment Session

Lunch 12.50 to 1.30

Third: (1 ½ hour) . 1.30 to 3.00

Caregiving Principles & Interventions
The Caregiver's Parenting and Attachment Histories
The Causes and Consequences of Blocked Care
Building trust through Comfort and Joy
Conversations to develop engagement and influence

Break - 3.00 to 3.20

Fourth (1 ½ hour) 3.20 - 4.50

The Crucial Need for Relationship Repair
Day-to-Day Care
Two Hands of Discipline
27 Ss to Enhance Secure Attachment for Traumatized Young People
Video of Treatment Session

Learning Objectives:

This workshop is designed to

1. Understand the effects of developmental trauma and attachment disorganization.
 2. Understand the developmental effects of a secure attachment
 3. Understand the basic principles of Dyadic Developmental Psychotherapy
 4. Understand the basic principles of caregiving for developing attachment security
 5. Understand characteristics of day-to-day care
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Fee: £75.00 plus vat - £90.00

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Venue: Brighthelm Centre, North Rd, Brighton BN1 1YD Phone:01273 821512

Application for tickets:

On line - see our web site – www.emotionaldevelopment.co.uk

Or contact - The Administrator, CfED, 18a Clermont Road, Brighton, BN1 6SG

Tel: 01273 561511 e-mail address – info@emotionaldevelopment.co.uk

Payment by cheque and credit card - Cheques should be made payable to *CfED*

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