

2021 Report

# 4 years on...



DDP Connects UK CIC Board of Directors

**DDP Connects UK CIC was established in April 2017. We are a not-for-profit Community Interest Company (CIC) that organises and develops the work of DDP in the UK.**

Our team of Directors have been working hard behind the scenes to support the growth and infrastructure of DDP in the UK.

What have we been up to ?

- 1 Supporting our community**
- 2 Trainings**
- 3 Infrastructure**
- 4 Partner Organisation**
- 5 Referral / Commissioning Guidance**
- 6 DDP Connects UK CIC Organisational Structure**
- 7 Working together with DDPI**
- 8 Events and highlights in the UK**

# Special Interest Groups (SIGs)

We have continued to grow a network of local DDP Special Interest Groups. SIG's provide an opportunity to build professional connections, to keep in touch with and support individuals, teams and services in the wider DDP community. DDP Connects UK funds these groups so that they can be provided free of charge to those who attend.

The number of SIGs has significantly grown over the past 4 years from five to sixteen. We have eleven Special Interest Groups open to the DDP Community, one Special Interest Group open to Social Workers implementing DDP practice and one Special Interest Group open to DDP Practitioners practicing in the NHS. Within the SIGs there are further specialisms e.g.

one for Social Workers and one for those interested in DDP and Mindfulness. We also have had enquiries about developing further SIGs, one with a special interest for Residential Workers.

We have also developed guidance for those who are facilitating SIG groups to support their work.

We regularly email SIG facilitators keeping them informed of recent developments that might be of interest to their groups.

**Keep an eye on the website for SIG's in development in:**

- Scotland
- Herefordshire
- Cork (Southern Ireland)
- Bristol / Cheltenham
- Lincolnshire / East Midlands

## Where are the SIG's across the UK?



TRAININGS

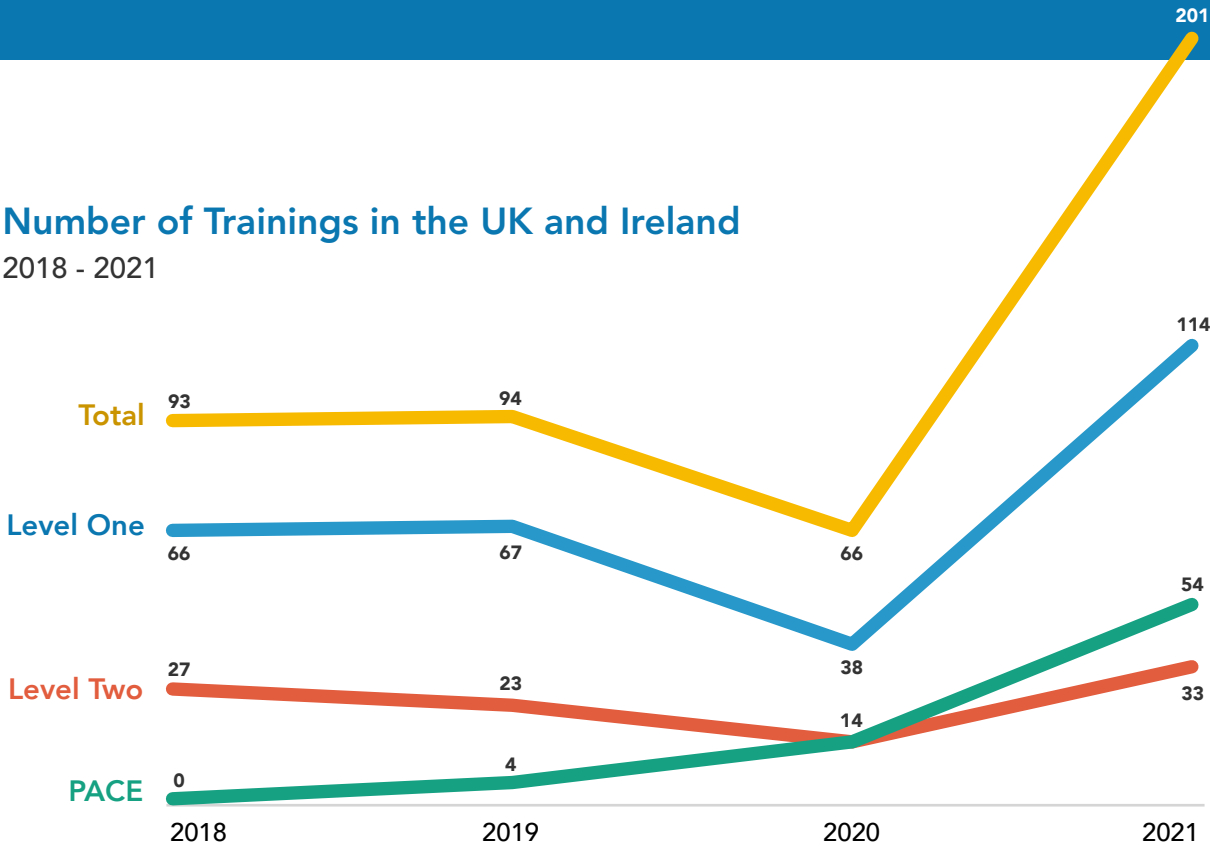
# The demand for Level One and Two trainings continues to increase.

Very few trainings were carried out between March and September 2020 due to COVID 19 restrictions. After a lot of thought and practice sessions, the DDPI Board agreed to taking DDP Level One and Two online from September 2021. Due to the continuing demand, we now have two trainers in training and seventeen UK DDP Trainers.

DDP Connects UK runs 2 - 3 DDP Level One and Two trainings a year. We are the only training organisation to offer a £150 reduced fee for self-funded attendees. We have also started to promote a new development — DDP PACE trainers (supported by DDP Connects UK).

## Number of Trainings in the UK and Ireland

2018 - 2021



# DDP PACE Training

In order to meet the need of the growing number of requests we were receiving in regard to PACE training, as well to create some consistency and quality assurance within the PACE training arena, we decided within DDP Connects UK to create a database of practitioners who have been nominated by DDP trainers as folk able and willing to do DDP PACE training. The idea is that people nominated already have experience in delivering DDP PACE training and will continue to receive ongoing supervision from a DDP Trainer.

Any enquiries we get through DDP Connects UK are matched to a DDP PACE Trainer. We have created some guidelines for how DDP PACE training is delivered as well as some PACE core components that are expected to be covered in the training. Anyone on the database is able to refer to themselves as a DDP PACE Trainer (supported by DDP Connects UK). They decide the fee charged for the training but the organisation they are doing the training for is asked to pay DDP Connects UK £100 per day on top of the DDP PACE trainers fee. A DDP PACE Trainer is also able to host their own training and advertise this on the DDP website.

## What is a DDP PACE Trainer (supported by DDP Connects UK)?

DDP Connects UK receives requests for trainers who can provide one or two day trainings to inform practitioners, parents and carers about PACE and to help them to explore how they can bring the attitude of PACE into their practice and parenting. These trainings can be provided by certified DDP Trainers, but these trainers need support from other experienced trainers to meet the demand. We have therefore set up a list of DDP Connects UK PACE trainers (to be called 'DDP PACE Trainer (supported by DDP Connects UK)' to assist with meeting these requests.

## A DDP PACE Trainer (supported by DDP Connects UK) will:

- 1** Be nominated by a certified DDPI approved trainer.
- 2** Have completed DDP Level One and Two training.
- 3** Be receiving regular supervision from a certified DDPI approved trainer. This may be but doesn't have to be the same trainer who nominated them.

## INFRASTRUCTURE

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# Parts of DDP Connects UK you can see and some you can't. The DDP Network Website and our infrastructure.

When DDP Connects UK was incorporated in 2017 our social media platforms had been in place for 2-3 years. The DDP Network website meant people had a free-to-access place to visit for information about DDP, resources, to find practitioner profiles, training, conferences, SIGs and latest news. This linked to Facebook, Twitter and the DDP Institute Google Group. The DDP UK Newsletter subscriber list quickly grew, reaching 4,500 in 2021. This meant we could communicate as a global DDP Community. These were visible parts of our work.

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### DDP UK Newsletter subscribers in 2 year intervals:

*The DDP Network website went live in April 2014*



<b>450</b>	<b>1730</b>	<b>3620</b>	<b>4530</b>
Feb 2015	Feb 2017	Feb 2019	Feb 2021

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### Numbers of website users sending emails via website contact:



In the first 6 years 2014-2020 just over 3000 replies were sent out to website users/visitors who sent email requests via the website. That's an average of 500 per year.

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### Website user statistics

(In May 2018, GDPR privacy updates went live, affecting all website user statistics)



<b>13.2%</b>	<b>660k +</b>	<b>1.88M</b>
<b>Increase in website traffic in last 3 years</b> (includes lockdown)	<b>Page views over last 4 years</b> (includes lockdown)	<b>Google Search impressions in last 16 Months</b> (includes lockdown)

# For our UK company to be successful rapid infrastructure development was required to match the growth of interest in DDP.

For our UK company to be successful, rapid infrastructure development was required to match the growth of interest in DDP. Over the next four years, with Liz Tower, our website designer, we developed an online database to safely store, collate and update all information including clever ways for trainers to access summaries of their trainings. All fees can now be paid online, and we use online accountancy software to help us manage our finances. In autumn 2020, an online DDP Practitioner Certification process replaced the manual paper-based process. Leila Caston (DDP Connects UK Admin Support) has played an important role in developing and implementing many of our systems for training, certification and renewals.

Before lockdown in Spring 2020, 100 Level One and Two trainings and 40 or so SIG's per year were running in the UK and Ireland. Many trainings through 2020 were fully booked with places paid for. After March 2020 these all had to be postponed, some more than once.

Many changed from venue-based to online. It was a testament to the structures we had in place that we, and our trainers, kept on top of the ever-changing information. With Liz's help to rapidly develop new ways for our systems to connect, many trainings and SIG's still took place during 2020.

All parts are essential for our future. All require funding to develop, maintain and administer as well as many hours of director's time to ensure our information and operational processes run smoothly and effectively. We have achieved a great deal during the past 4 years.

## PARTNER ORGANISATION

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# DDP Connects UK has developed a different process specifically for Local Authorities and NHS Trusts, one of Partner Organisation.

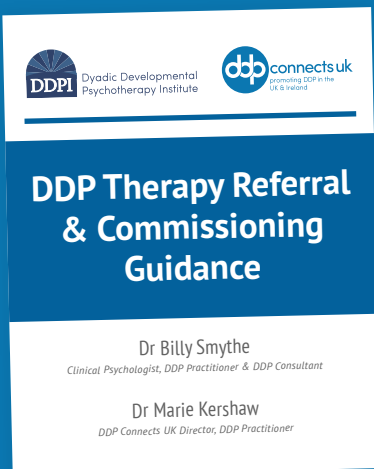
This process recognises and validates statutory services or teams who work closely with DDP Trainers and Consultants to implement a DDP-informed practice model.

More information can be found on the website in the [Partner Organisation section](#).



## REFERRAL / COMMISSIONING GUIDANCE

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# DDP Therapy Referral and Commissioning Guidance

We have produced guidance aiming to help commissioners and referrers (from social, health, educational, and court services) in deciding whether Dyadic Developmental Psychotherapy (DDP) is a helpful and appropriate intervention to explore.

It can be downloaded from the [DDP Resource Library](#).



## How do we fund all of this work?



UK and Ireland Annual  
Membership fees

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UK and Ireland Practitioner and  
Consultant Certification fees

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Fees organisations pay for running:

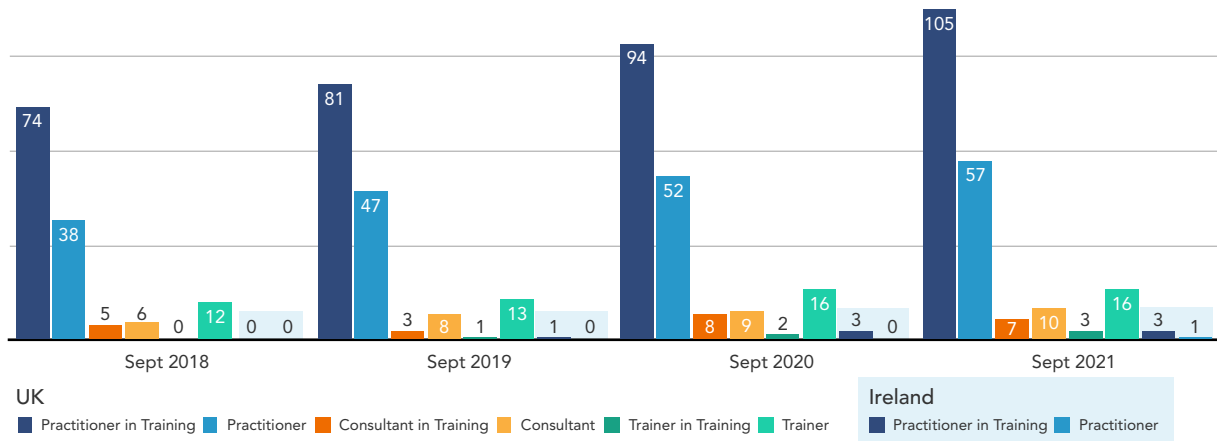
- DDP Level One and Two trainings
  - DDP PACE trainings
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Running 2-3 DDP Level One and  
Two trainings each year

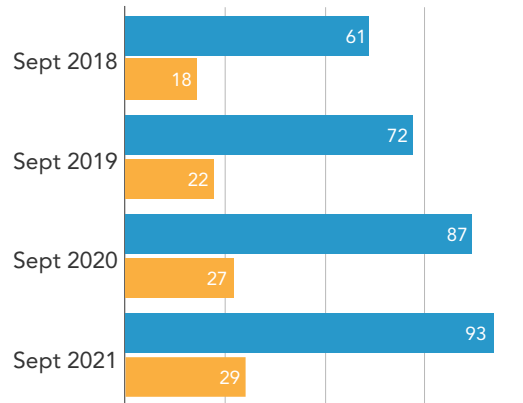
# DDP CONNECTS UK MEMBER NUMBERS

## Membership yearly totals by level and region

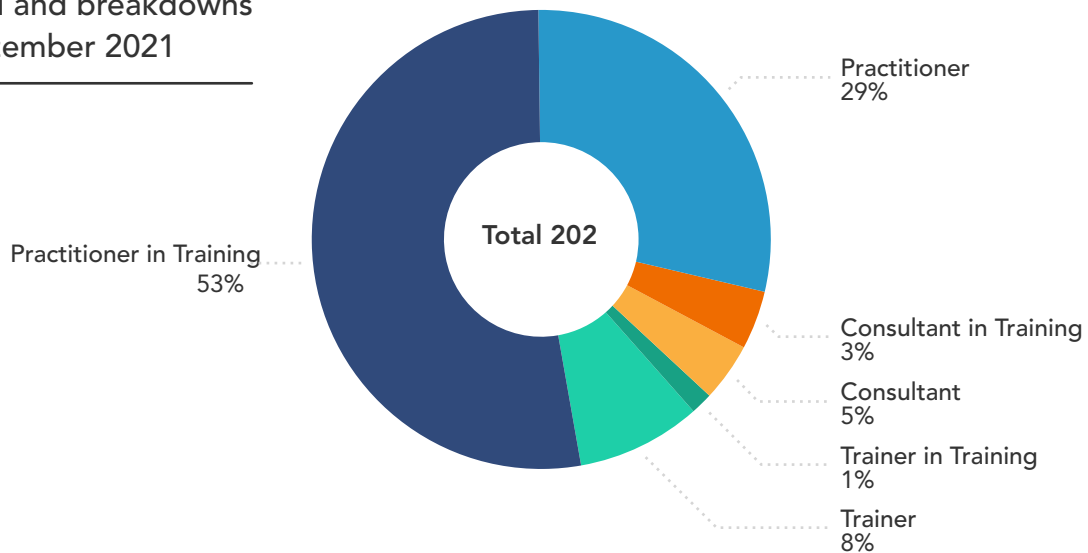


## Totals over time of those Certified in UK and Ireland as:

- Practitioner or above  
(Practitioner; Consultants in Training; Consultants; Trainers in Training and Trainers)
- Consultant or above  
(including Consultant; Trainers in Training and Trainers)



## Total and breakdowns September 2021

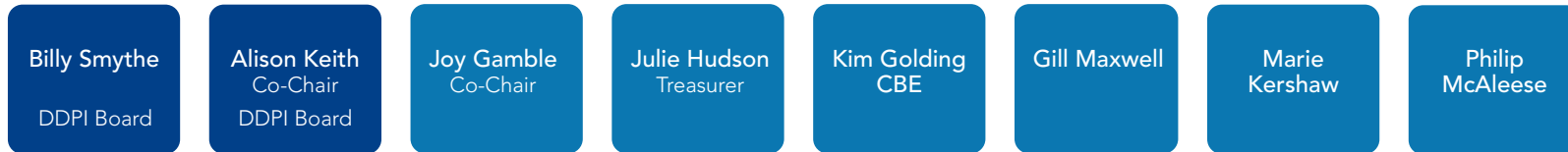




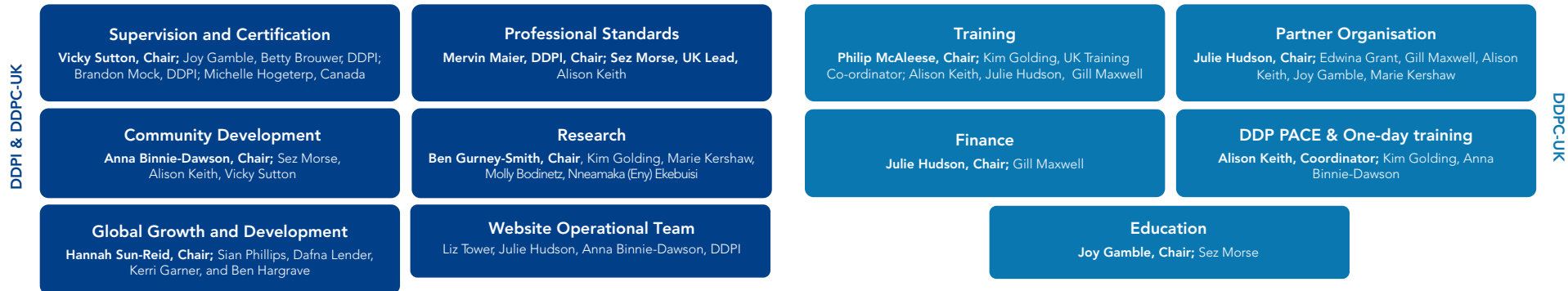
# Who we are

■ indicates DDP Connects UK only  
 ■ indicates links between DDP Connects UK & DDPI

## Directors



## Committees



## Honorary Associates



**Finance & Operations:** Gill Maxwell  
**Systems Organiser:** Leila Caston  
**Website designer:** Liz Tower

**Relevant one day face to face meetings**  
**DDP Connects UK Annual Away Day - by zoom:** 23 April 2021  
**Annual UK Trainers Days:** Sue Drake & Cas Schneider

**Time limited working groups**  
**Commissioning Residential Care - DDP Guidance**  
 Marie Kershaw (lead), Billy Smythe

There are a number of shared committees between DDP Connects UK and DDPI and we continue to support one another and work collaboratively.



The shared committees include:

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**Certification and Supervision Committee**

This committee oversees the matches of supervisees to supervisors and certification issues.

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**Community Development Committee**

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**Global Growth and Development Committee**

[View on website](#)

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**Research Committee**

[View on website](#)

DDP Connects UK are supporting the [RIGHT trial](#).

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**Professional Standards Committee**

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**Training Committee**

**Racial Equity Social Justice Committee**

[View on website](#)

DDPI developed a Racial Equity Social Justice Committee in 2019. The work of the RESJ has been hugely influential in the work and development of all DDPI, DDP Connects UK and Shared Committees.

We are seeking interest from our DDP Members who would like to be part of one of our DDP Connects UK committees. If you feel able to contribute please contact [contact.ddpcuk@ddpnetwork.org](mailto:contact.ddpcuk@ddpnetwork.org).

## EVENTS AND HIGHLIGHTS IN THE UK

The following events have contributed to DDP Connects UK by kindly providing help with funding streams.

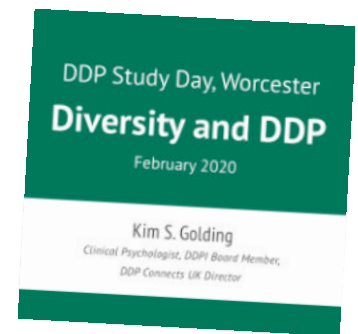
### DDP Study Days

DDP Study Days provide an opportunity for networking, include updates on DDP in the UK as well as practitioners presenting their DDP informed work in various settings.

From 2018 the following DDP Study Days have gone ahead in:

- Taunton, Somerset - run by Vicky Sutton
- Worcester, West Midlands - run by Kim Golding CBE

The last Worcester DDP Study Day, in February 2020, had a special focus on 'Exploring diversity and equality within DDP'. From this, Kim Golding produced a report **Diversity and DDP, Worcester DDP Study Day Report, February 2020**, which can be [downloaded from the DDP Resource Library](#).



### UK DDP International Conference, Stratford, 29-30 April 2019

In April 2019, over 230 people attended our highly successful International DDP Conference at the Stratford Manor Hotel, Stratford Upon Avon.

The conference featured internationally renowned speakers in the field of Dyadic Developmental Psychotherapy, Parenting and Practice. As always, it was open to everyone.

A [full write up of the conference](#) can be found on the DDP Connects UK website.



## EVENTS AND HIGHLIGHTS IN THE UK

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# DDP Connects UK CIC Directors have been busy over the last four years, here are some of the highlights...

More published resources can be found in the [DDP Library](#).

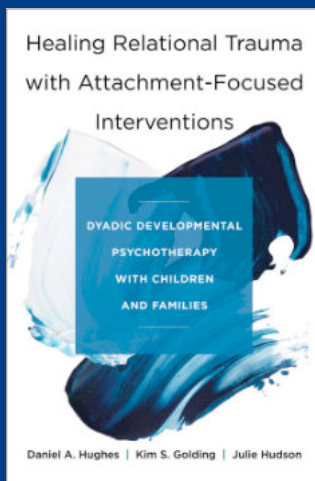


Image © W. W. Norton & Company, Inc, 2019

### **Healing Relational Trauma with Attachment-Focused Interventions**

Dyadic Developmental Psychotherapy with children and families

Daniel A. Hughes, Kim S. Golding, Julie Hudson

[View on DDP Network website](#)

Now a recommended text for all DDP Level One and Two training attendees

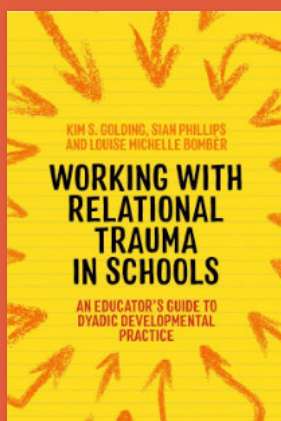


Image © Jessica Kingsley Publishers, 2021

### **Working with Relational Trauma in Schools**

An Educator's Guide to Using Dyadic Developmental Practice

Kim S. Golding, Sian Phillips, Louise M Bombèr

[View on DDP Network website](#)

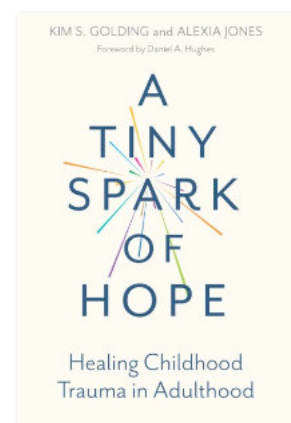


Image © Jessica Kingsley Publishers, 2020

### **A Tiny Spark of Hope**

Healing Childhood Trauma in Adulthood

Kim S. Golding, Alexia Jones

[View on DDP Network website](#)

## SUMMARY

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**It's been a busy 4 years. We are very proud of what we have achieved to date and are now focusing on the next steps of development for DDP in the UK.**

Many of you will have heard about the development of a new global organisation - DDP Worldwide. Some of the tasks that have been developed and set up by DDP Connects UK will transition across to DDP Worldwide later this year. DDP Connects UK is excited about the opportunity to develop further support for our DDP community within the UK.

### DDP Connects UK CIC Board of Directors

Joy Gamble  
Co-Chair

Alison Keith  
Co-Chair

Kim Golding CBE

Julie Hudson  
Treasurer

Marie Kershaw

Gill Maxwell

Philip McAleese

Billy Smythe

### DDP Connects UK CIC Associates

Anna Binnie-Dawson

Edwina Grant

#### DDP Connects UK CIC

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<https://ddpnetwork.org/uk/>

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