

Dyadic Developmental Psychotherapy (DDP) Level 1 Training

An introductory, 5-day course on Dyadic Developmental Psychotherapy, the intervention model developed by Dr. Daniel Hughes.

Details

September 20-24 2021
9am - 2pm on Zoom

Registration cost:
\$800 before September 1st
\$850 after September 1st

To register, contact:
Michelle Hogeterp at
mhogeterp5@gmail.com

About Michelle Hogeterp

Michelle Hogeterp specializes in adoption, trauma and attachment. She is a registered psychotherapist with the college of registered psychotherapists of Ontario. She is also a certified Dyadic Developmental Psychotherapy Practitioner, consultant and trainer. Michelle works from a trauma informed, attachment-focused perspective, drawing primarily from her training in Dyadic Developmental Psychotherapy, Theraplay, Brainspotting and SMART (Sensory Motor Affect Regulation Training).

What is DDP?

This approach assists therapists and other professionals to understand and effectively support children, young people and their families. In this model, theory and research in the areas of developmental trauma, attachment theory, intersubjectivity and child development are integrated to produce a therapeutic approach used for relationship development and trauma resolution.

DDP recognizes the vital role which adoptive parents, foster parents and residential workers play as primary attachment figures in the recovery of traumatized and attachment-resistant children. The principles and interventions are presented through formal presentations, discussion, videotape of sessions, role-play, and hand outs.

Who is it for?

This training is relevant to professionals and therapists who work with children and young people with trauma-attachment problems and their foster, adoptive or birth families and who want to increase their skill set of attachment focused treatment. This is phase one of becoming certified as a DDP practitioner. For more information on certification, visit ddpnetwork.org